



JOHN CABOT UNIVERSITY ATHLETICS

JCU Sports Teams

Please note that a valid “competitive Italian physical” is mandatory in order to be a member of the JCU Volleyball and Soccer Teams. For the other teams a “regular Italian physical” is required.

Co-ed Volleyball Team

During the spring and fall semesters, John Cabot University’s Volleyball team participates in the Roman Universities League. Tryouts are held at the beginning of each semester.

Map – [Virgilio](#)

Soccer Teams

JCU has three soccer teams; one 11 on 11 men’s team and two 5 on 5 teams for both women and men. Tryouts for both the **Gladiators and Lady Gladiators** are held at the beginning of each semester.

Map – [Trastevere Stadium](#)

Click [here](#) to have a look at the tournament schedule.

Coed Basketball Team

During the spring and fall semesters, the John Cabot Basketball team competes in a 3 vs. 3 Basketball Tournament. JCU has a female as well as a male team, which practice together but compete separately against other Roman Universities. Tryouts are held during the beginning of the semester.

Map – [Virgilio](#)

Cheerleading Team

JCU has a new activity. Join our cheerleading team that practices throughout the year. Tryouts are held during the beginning of the semester.

Map – [Virgilio](#)

Feel free to stop by the Fitness Center in the Gianicolo Residence if you have any questions.