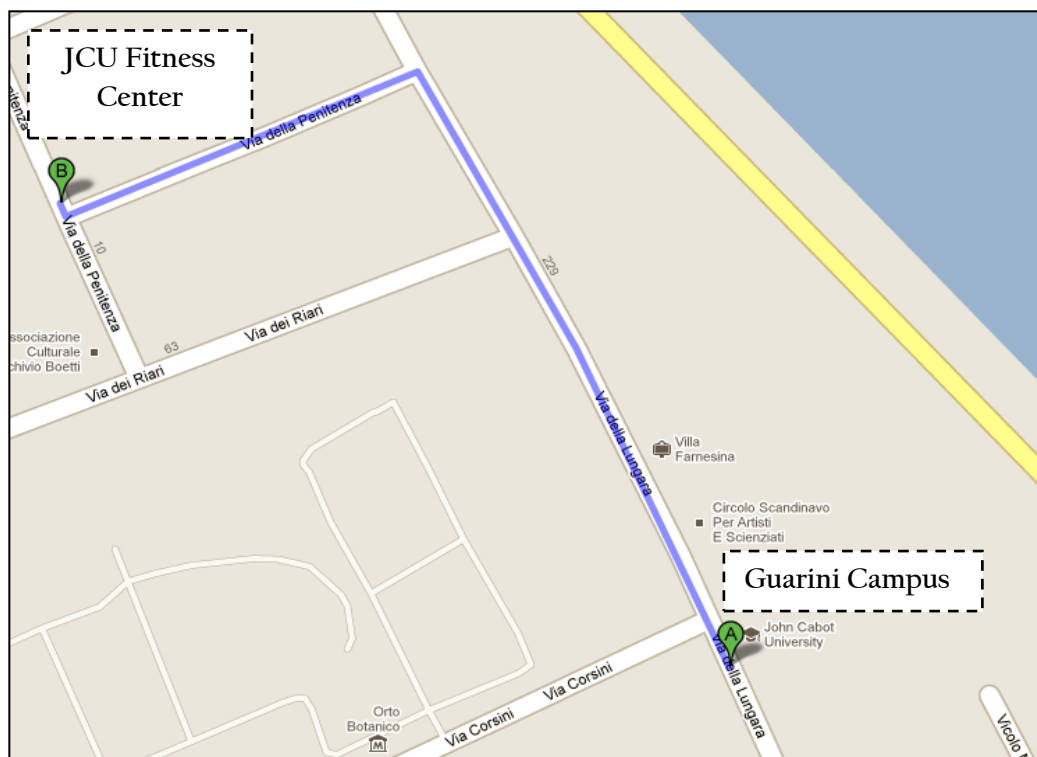


HOW TO GET TO THE JCU FITNESS CENTER and the ATHLETICS OFFICE FROM GUARINI CAMPUS

Via della Penitenza N 26 - +39 0668191266 - athletics@johncabot.edu

1. Turn right once you exit the Guarini Campus and walk on Via Della Lungara for 220 meters (240 yards);
2. Take the third street to your left (Via della Penitenza) and you'll see the JCU Residence straight ahead in front of you at the end of the street;
3. The JCU Fitness Center and the Athletics Office are located inside the JCU Residence.



JCU Fitness Center Opening Hours

Monday – Friday Sat-Sun
8AM – 10PM 10AM – 08PM

You will need to have a Valid JCU ID Card to enter the Fitness Center

Fitness Requirements

In order to get access to the gym please notice that you need to have completed the following:

- ✓ Signed the Athletics' Form
- ✓ Completed your "Gym Physical" made by an Italian Doctor

Email: athletics@johncabot.edu Tel +39 06 681912666 Facebook: <https://www.facebook.com/JCUGladiators>

www.johncabot.edu/student_life/athletics

